

Thursday 23rd October, 2025 at Grand Hotel in Odense

DANISH INTERNATIONAL SCHOOLS NETWORK CONFERENCE & AGM

We are all committed to student wellbeing in our schools and wish to support good physical and mental health in our communities. However, sometimes there can be a mental health emergency and we want to be able to be good first responders. DISN is therefore delighted to welcome George Peterkin from *Mind Your Health* for a bespoke mental health first aid course for school leaders. Please read more about George and the training on the next page.

Programme for the Day 23rd October 2025:

09.00-09.30 Coffee/tea, networking

09.30 Part 1: Mental Health First Aid Workshop (read more on next page)

12.30-13.30 Lunch

13.30-14.45 Part 2: Mental Health First Aid Workshop

15.00-16.00 AGM (for DISN members only)

Conference sign-up link: www.conferencemanager.dk/disnukt

Deadline for sign-up: Thursday 9th October

Cost: 1150 DKK per person for DISN member schools

1500 DKK for non DISN member schools

Venue Details: First Grand Hotel, Jernbanegade 18, 5000 Odense C

We hope to see as many international school leaders, co-ordinators and middle leaders as possible for this important training opportunity in Odense.

Mental Health First Aid for School Leadership

We are all committed to student wellbeing in our school and wish to support good physical and mental health in our communities. However, sometimes there can be a mental emergency and we want to be able to be good first responders. DISN is therefore delighted to welcome George Peterkin from *Mind Your Health* for a bespoke mental health first aid course for school leaders.

The day will include the Psychosis, self-harm and suicide sections of the MHFA (without a qualification), supplemented with sections from the Senior Mental Health Lead in International Settings qualification. Further information can be found here:

[Senior-Mental-Health-Lead-in-International-Settings.pdf](#)

[MYH-First-Aid-for-Youth-MH-Level-2-V1.pdf](#)

Please note that the day will not result in a mental first aid (MHFA) qualification. However, after the 23rd who wish to receive the MHFA qualification, there is the possibility of a follow up online call with George to complete the qualification, for an additional fee.

Information will also be shared on the day of the Senior Mental Health Lead (SMHL) course. This runs twice a year and is 8 weeks of 2.5 hours.



George Peterkin is Managing Director of Mind Your Health. An experienced teacher, George decided to retrain as a psychotherapist and blend both professional experiences in delivering mental health, wellbeing and safeguarding training to those in schools. George and his team at Mind Your Health have a sole aim to make such important training as accessible as possible to anyone within a school - regardless of their role, responsibilities and experiences.